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ADOPTED - BOARD OF TRUSTEES
COMMUNITY COLLEGE DISTRICT NO. 508
MAY 2, 2013

BOARD OF TRUSTEES OF COMMUNITY COLLEGE DISTRICT NO. 508
COUNTY OF COOK AND STATE OF ILLINOIS

RESOLUTION

APPLICATION FOR NEW PROGRAM

PERSONAL FITNESS TRAINER
BASIC CERTIFICATE (B.C.)
MALCOLM X COLLEGE

WHEREAS, new educational programs require approval of the Board of Trustees of Community College District No. 508, the Illinois Community College Board (ICCB) and the Illinois Board of Higher Education (IBHE);

WHEREAS, an application for approval of a new program, Personal Fitness Trainer, B.C., at Malcolm X College, has been received and has been appropriately reviewed for submission; and

WHEREAS, the Basic Certificate program is a two-semester program which leads to certification through the National Academy of Sports Medicine (NASM) Personal Trainer Certification. The curriculum provides the basic foundation skills needed to assess human body mechanics and the ability to develop and implement an exercise training program designed to improve and maintain health-related components of fitness and performance. Employment opportunities for individuals with certification include person trainer, group exercise instructor, and/or entry-level positions available at corporate or community fitness centers (i.e. health clubs, hospital fitness centers, YMCA, and community recreational centers);

NOW, THEREFORE, BE IT RESOLVED, that the Board of Trustees of Community College District No. 508, County of Cook and State of Illinois, hereby approves the submission of this program for permanent approval by the Illinois Community College Board and Illinois Board of Higher Education.

May 2, 2013 – Office of Academic Affairs