

**30213**  
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**TRUSTEES COMMUNITY COLLEGE DISTRICT NO. 508**  
**APRIL 15, 2010**

**BOARD OF TRUSTEES OF COMMUNITY COLLEGE DISTRICT NO. 508**  
**County of Cook and State of Illinois**

**MALCOLM X COLLEGE LAUNCHES KARNAK WELLNESS INSTITUTE**  
**Malcolm X College**

**THE CHANCELLOR**

**REPORTS**

that Malcolm X College launched the Karnak Wellness Institute. Karnak utilizes highly trained, respected professionals and “thinkers” of our time to conduct workshops, classes, and seminars on a wide spectrum of subjects to empower families. At the ribbon cutting on Saturday, February 20, 2010, Malcolm X College leadership and more than 200 members of the community were joined by Karnak keynote speakers, which included Dr. Carl Bell, internationally recognized lecturer and author on mental wellness, Dr. Edyth Young, a renowned reading specialist; Bertha Paul Buchanan, vocal proponent of holistic health curriculum for youth; Dr. Leonard Ingram, prominent anger management and conflict resolution psychologist; and Hunter H. Adams, modern-day renaissance man and advocate of the African principles of Ma’at (Truth, Righteousness, Propriety, Balance, Harmony, Order, Sense of Excellence, Sense of Appropriateness).

**FURTHER**

that the vision of the Karnak Wellness Institute is to contribute to rebuilding the community and restore the social fabric and culture of mutual and self-respect for all. The Karnak Wellness Institute’s spring series will continue most Saturdays from February 20 through May 15, 2010.

Respectfully submitted,

Cheryl L. Hyman  
Chancellor

April 15, 2010