

EDU AFRICA

TRANSFORMATIVE LEARNING JOURNEYS



RECONNECTING THE ROOTS OF IDENTITY

Malcolm X College
16 - 24 February 2024



PROGRAM OVERVIEW

About South Africa

As its name might suggest, South Africa is a country located on the southernmost tip of the African continent. South Africa is well-known on the global stage for its long struggle with Apartheid, transitioning to a democratic nation in 1994. Its formative histories, however, are much longer and more complex than the narrow lens of Apartheid allows. Contact between the indigenous societies of the Khoi and the San, and the waves of migration that brought various Bantu civilizations south from West Africa are a couple of examples. Like many other African countries, South Africa is home to varied people groups, cultures, and religious belief systems; for this reason, it is often called the “Rainbow Nation”. It is also geographically rich and varied, comprising eight different biomes spread across the country, and is home to a spectacular array of plant, mammal, and bird species.

This program will take students through a journey of self discovery in Cape Town, South Africa. The program aims to introduce students to South African history and how black people and other non-white races were disadvantaged by the Apartheid regime and to highlight the challenges and triumphs black people face in a post-Apartheid society. Through a series of thought-provoking experiences, educational sessions, and engaging activities, participants will gain a deeper understanding of South African history, particularly focusing on the detrimental impact of the Apartheid regime on the country. By exploring the challenges and triumphs faced by black individuals in a post-Apartheid society, this program aims to foster empathy, cultural awareness, and personal growth for students.

Educational Site Visits

- Robben Island
- District 6 Museum

TRANSFORMATIVE LEARNING JOURNEYS

EDU Africa aims to promote the process of student transformation by utilizing the unique context of Africa to help students broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.



LEARNING OUTCOMES

By the end of this program, students should be able to:

1. Develop awareness about the sociopolitical context of South Africa **(IC)**
2. Analyze academically challenging content within their field of studying abroad **(IG)**
3. Connect South African culture, identity and historical events with those of African Americans in the United States **(GC)**
4. Demonstrate increased personal self-awareness **(PG)**
5. Connect insights gained during study abroad to wider career objectives **(PD)**

Note: Specific learning outcomes and activities can be constructed in collaboration with EDU Africa's dedicated curriculum development team.

DAILY PROGRAM

Prior to departure		- EDU Africa facilitates virtual preparation sessions for participants, providing them with important health, safety, and cultural information before travel. - Students are to complete Transformation Questionnaire 1			
2024	Travel	Accommodation	Meals Included	Activities	Learning Outcomes Achieved
17 Feb	Arrive CPT	Atlantic Point Backpackers	BLD	EDU Orientation Dinner at Cape Town Fish Market	1, 4 -
18 Feb		Atlantic Point Backpackers	BLD	Robben Island Lunch at Klein Goederust Discussions with Paul Siguqa Reflections Dinner	1, 3, 4 - 4, 5 1, 3, 4, 5 -
19 Feb		Atlantic Point Backpackers	BLD	Langa Township Experience - AAE (incl. lunch) Mthetheleli Ngxeke (Incarceration Nations Network) Discussion with Lionel Davis (Former Robben Island Prisoner) Dinner at Muiz Kitchen	1, 2, 3 4 3 -
20 Feb		Atlantic Point Backpackers	BLD	18 Gangster Museum Iziko Slave Lodge The Castle of Good Hope isiXhosa Lesson: Sonwabile Mayekiso Cape Malay Cooking Class Dinner	3, 4 4, 5 3 1, 2 1 -

21 Feb		Atlantic Point Backpackers	BLD	Optional: Aquila Day Safari Free Afternoon Dinner	-
22 Feb		Atlantic Point Backpackers	BLD	Discussions and Lunch at Gangstar Café Table Mountain: Sunset Hike (Up) and Cable Car (Down) Farewell Dinner at GOLD	1, 3, 4 -
23 Feb	Depart CPT	Atlantic Point Backpackers	BL	Marlon Swai - Music As A Tool For Social Change (Discussion) Lunch at Kalky's in Kalk Bay Reflection Depart CPT	(all)

Abbreviations: CPT: Cape Town, B: Breakfast, L: Lunch, D: Dinner

SUSTAINABLE DEVELOPMENT GOALS

This program engages students with the principles of the following United Nations Sustainable Development Goals:



LOCAL PROGRAM FACILITATOR AND/OR GUIDE

All EDU Africa programs are implemented by trusted program facilitators and/or guides. Our program facilitators and guides undergo an intensive 12-module training series. The training modules include details on EDU Africa's transformation goals, reflective practices, emergency procedures, child protection policies, and communication skills, among other elements. We source and carefully select our facilitators and guides from the region to ensure that they can effectively meet specific program themes and needs. Their embodiment of EDU Africa's values of friendliness, collaboration, innovation, stewardship, and learning helps them to holistically support both leaders and participants throughout their program. This guarantees that the planned itinerary and activities come to life. The assigned program facilitator/s and/or guides will be available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

PROGRAM CONTRIBUTORS

Paul Siguqa, Klein Goederust Boutique Winery



The son of a farm worker, Paul Siguqa is a trailblazing entrepreneur and the proud owner of Klein Goederust - the first and only 100% black-owned wine farm in Franschhoek. Born and raised in a rural community, Paul had a passion for farming from a young age. He studied agriculture at Stellenbosch University and worked his way up in the industry, eventually acquiring Klein Goederust in 2019. Under Paul's leadership, Klein Goederust has achieved unprecedented success in the wine industry. He has implemented innovative farming techniques and invested in state-of-the-art equipment, which has allowed him to produce high-quality wines that have received critical acclaim both locally and internationally. Paul's success has been particularly remarkable given the challenges that black farmers have historically faced in the wine industry. His greatest motivator has been his mother, Nomaroma Siguqa, who worked as a laborer and said that she would be the last of the family to do so. Holding the belief that social mobility is possible in South Africa, but that can only happen with education, he has broken down barriers and paved the way for other aspiring black farmers to follow in his footsteps. He is a role model and mentor to many, and has received numerous awards and recognition for his contributions to the agricultural industry and his community. Despite his success, Paul remains committed to promoting sustainability and social responsibility in the wine industry. He works closely with his community and is dedicated to empowering and uplifting those around him. His impact on the industry and his community is truly inspiring and his legacy will be felt for generations to come.

Siyabulela Daweti, 18 Gangster Museum



Siyabulela Daweti is a key consultant and guide for the 18 Gangster Museum - an innovative space that aims to help South African youth to better understand the treacherous path that too many in their communities take into gangsterism and ultimately, prison. Incorporating immersive text and imagery and a replica prison cell, the Museum's installations are curated by ex-offenders who share their real-life experiences of gangsterism and prison and how they turned their lives around. As well as his contribution to the 18 Gangster Museum, Siya also runs a recycling business in Khayelitsha and is a firm believer in the power of social entrepreneurship to uplift his community.

POTENTIAL PROGRAM CONTRIBUTORS

Marlon Swai

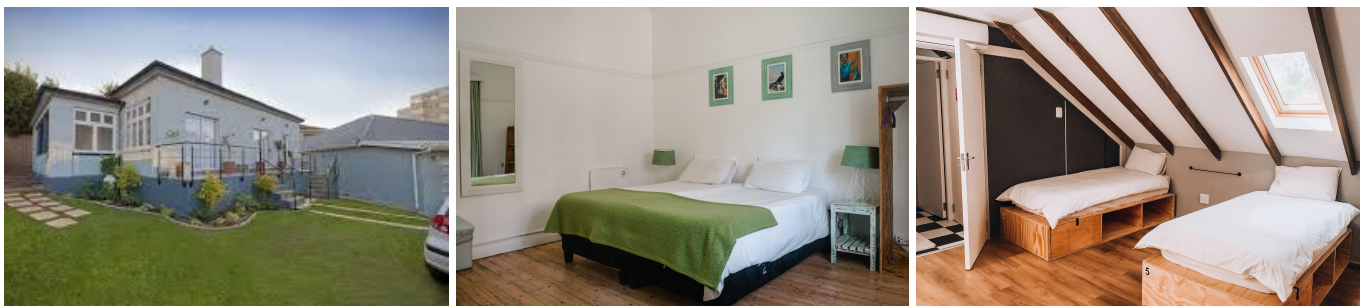
Dr Marlon Swai is a Hip Hop artist from Cape Town with a background in spoken word and graphic design. He completed his PhD in the department of Social and Cultural Analysis at New York University (NYU). His research and dissertation evaluates how the youth movement forms the backbone of Hip Hop in South Africa, and how it simultaneously supplements and critiques formal education by promoting the kind of politicization and awareness-raising that is indispensable to various kinds of social justice work.

ACCOMMODATION

Atlantic Point Backpackers

Atlantic Point Backpackers is situated in Green Point, less than a mile from the famed V & A Waterfront, as well as Green Point Park. The Backpackers offers a variety of room and dormitory options, including female-only dormitories, some with shared bathrooms and others with en-suite facilities, as well as twin or single room options for faculty. A complimentary breakfast is included and dinners can be catered, but there is also a guest kitchen available for self-catering use. Grocery stores, restaurants, and other stores are within comfortable walking distance. Each room is fitted with a television, fan, and reading lights. In addition, they provide ironing facilities and complimentary Wi-Fi access throughout the accommodation. Although it does not have conferencing facilities, there is a common

room that can be used for group activities and reflection sessions. There is also a swimming pool and barbecue area. Atlantic Point Backpackers is a convenient and comfortable lodging option, ideal for student groups.



CURRICULAR ACTIVITIES

EDU Africa Orientation

EDU Africa offers a comprehensive orientation session at the start of the program to kickstart participants' acclimation period and prepare them for transformation. It is led by the local Program Facilitator who will support the group for the duration of their stay. The orientation provides a brief introduction to the immediate surroundings, contextualizes the country setting, and provides information pertinent to the group's safety and overall experience throughout the program. It builds on content introduced in virtual preparatory sessions and, in the event that virtual preparation did not occur, ensures that the learning experience(s) to follow is foregrounded within the transformative learning framework. The Program Facilitator will typically provide participants with an outline of the program at this stage and clarify the roles, responsibilities, and expectations with the participants while in-country.

Robben Island

Declared a World Heritage Site, the notorious Robben Island prison is where Africa's political prisoners, including former President Nelson Mandela, were kept during the colonial and Apartheid years of South Africa. Students will travel to the island by ferry and be accompanied by a former political prisoner on a visit to the prison facilities. Students will gain first-hand experience of the island's rich multi-layered history, shaped by its many different occupations and uses.



CO-/EXTRACURRICULAR ACTIVITIES

Djembe Drumming and Dinner at GOLD Restaurant

GOLD Restaurant is a vibrant, eclectic Pan-African experience in the heart of Cape Town. A typical evening at GOLD Restaurant starts with an interactive drum circle, teaching participants how to play the djembe to the rhythms and sounds of Africa. After a traditional hand-washing ceremony, participants are led on a culinary adventure through Africa.



PROGRAM EVALUATION

Transformation Questionnaires

EDU Africa's Transformation Questionnaires are pre-and post-test student self-evaluations designed to help gauge their transformation in line with EDU Africa's transformative learning goals. Students complete Transformation Questionnaire 1 at the start of the program, providing a benchmark score against which we compare their results for Transformation Questionnaire 2 (completed at the program's end). A report is drawn from the student data collected and shared with faculty in the weeks after the program has ended.

Reflection Sessions

Reflection sessions encourage students to think through, process, and make meaning of their experiences in the program. Through a combination of formal and informal reflection techniques, students will be asked questions and invited to engage in structured activities that encourage them to articulate their thoughts and feelings, internalize any lessons or moments of growth, and ultimately, transform, in line with the program learning outcomes.

REASONABLE ACCOMMODATIONS FOR FUNCTIONAL DIFFERENCES

We are committed to providing an inclusive and accessible environment for all our program participants by supporting functional differences, disabilities, and any other special needs. If participants have any specific needs that we might be able to accommodate during the program or have requirements for extra time or resources, please let us know in advance so that we can do our best to assist them. As part of our pre-departure processes, our Program Designers will ensure that participants complete our Participant Information Form which asks for details of any allergies, medical conditions, and other special needs.

STUDENT ELIGIBILITY REQUIREMENTS

Our Program Designers do the best they can to ensure that our programs are accessible to as many participants as possible. However, there may be areas in which an individual may not have access or cannot be accommodated with regard to a functional difference. This section lists some elements for participants to consider before they travel. Participants in this program should be aware of and be prepared for the following:

- Signing and adhering to the policies outlined in EDU Africa's Participant Agreement Form, which include protocols for Notifiable Medical Conditions such as COVID-19.

- Obtaining travel insurance (highly recommended) before travel. This should include adequate cover for baggage, curtailment, and provision for any forms of disruptions to travel due to Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant travel insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Obtaining medical insurance (compulsory) before travel. This should cover any potential medical expenses and the cost of repatriation should participants become too ill to participate, including helicopter rescue and air ambulance services, as well as cover any forms of medical expenses that may be incurred due to illnesses from Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant medical insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Carrying their own luggage as much as possible to minimize cross-contamination with germs (help will be available when necessary in adherence to any Notifiable Medical Conditions protocols)
- Dealing with ambiguity, for example, there may need to be last-minute unforeseen changes to the program itinerary
- Respecting and adhering to the communicated medical ethics relevant to the institutions they will be visiting or volunteering in
- Committing to ethical community engagement in accordance with the presented guidelines
- Visiting potentially triggering or traumatic areas/sites such as Robben Island
- Coping with lack of electricity during scheduled and/or unplanned power outages, and any effects that this may have on the itinerary
- Being in open game vehicles in a reserve where there are wild animals
- Managing dietary needs with limited available options in certain communities (*African Authentic Experiences - Langa Township Experience*)
- Learning to adjust to communicating and interacting with others who may have different accents, values, beliefs, cultures, and traditions for the duration of the program
- Interacting with materially poor environments (as evident, for example, through the appearance of general and housing infrastructure, modes of transport, clothing, etc.) and demonstrating respect and acknowledging dignity in all circumstances
- Being aware that they may be approached by people selling their wares or asking for food or money. While your local facilitator/guide will assist in managing these situations, participants should recognize that it is not impolite to say “no, thank you” and walk away.

ITINERARY FLEXIBILITY AND COST

The itinerary is correct at the time of submission. It is flexible and may be adjusted to meet students' needs. In all cases, we will do our best to preserve the quality of what is presented herein. However, we reserve the right to modify the itinerary, locations, accommodation facilities, and costs if any changes dictate. All quoted accommodation is subject to availability and confirmed numbers.

Cost for the program based on per person sharing:

Number of paying persons	Price per person (USD)	Free of charge faculty	Single Supplement
32	\$1 270	8	\$ 525

Cost for optional safari day at Aquila Private Game Reserve:

Number of paying persons	Price per person (USD)
40	\$ 115

What this includes:

- Virtual pre-travel preparation support
- All transport, fuel, tolls, and road taxes
- Full use of a vehicle for the duration of your program
- 24-hour services of an EDU Africa Program Facilitator and/or Guide
- All accommodation as listed above
- All meals as specified in the daily program
- All activities as listed above
- A US\$5 donation (on behalf of each participant) towards the reforestation of Brackenhurst Forest and other important ecosystems in Kenya.

[The Center for Ecosystem Restoration - Kenya](#) is a not-for-profit organization working to recover biodiversity in Kenya through the reforestation of the Brackenhurst forest and the restoration of other key Kenyan ecosystems. Through their donations, participants play an integral part in reversing the degradation of the African continent and ensuring that communities will be able to enjoy the benefits of these natural indigenous ecosystems for generations to come.

What this excludes:

- Wi-Fi (only available as provided by accommodations)
- All meals and drinks not specified above
- Laundry
- All flights
- All optional extra activities
- Travel and medical insurance
- Items of a personal nature, visas, and gratuities

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