

EDU AFRICA

TRANSFORMATIVE LEARNING JOURNEYS



THREADS OF IDENTITY: UNRAVELING HERITAGE IN TANZANIA

Malcolm X College
June 2024



PROGRAM OVERVIEW

Tanzania is an East African country situated just south of the equator. The country, where some of the oldest remnants of human life are said to have been found, has a long and complex history. Officially the United Republic of Tanzania, the country was formed through the union of Tanganyika on the African mainland and the island of Zanzibar in 1964. In its early years, mainland Tanzania was populated by a combination of nomadic hunter-gatherers, settled farmers and cattle herders, migrant Bantu-speaking people, and Asian and Arabic-speaking traders. Both Tanganyika and Zanzibar later came under German and then British colonial control in the 19th and 20th centuries, respectively, until independence in the 1960s. Modern Tanzania's population is now comprised of a plethora of African people groups, a majority of whom are of Bantu descent, as well as Asian and European minority groups, which speaks to its cultural diversity. The country is also home to a variety of natural wonders, including the world's highest free-standing mountain peak, Mount Kilimanjaro, and the Serengeti plains.

This program introduces participants to a rich web of cultures and participants will discover the spaces of triumph and solace that have thrived within Tanzania. Participants will undertake an immersive exploration of significant historical sites, museums, and vibrant communities that have played pivotal roles in shaping the tapestry of history and culture as we know it. Participants will engage in discussions and lectures led by esteemed historians, accomplished business leaders, and inspiring community figures, fostering mutual appreciation and forging deep intercultural connections. As the program culminates, participants will carry back with them a treasured piece of heritage that spans the African continent, contributing to the unification of the global community.

Heritage Site Visits

- National Museum of Culture
- Bagamoyo stone town
- Kaole ruins
- Bagamoyo catholic church & Museum
- Stone town in Zanzibar
- Prison Island
- Nafasi Art Space
- University of Dar-es-Salaam

TRANSFORMATIVE LEARNING JOURNEYS

EDU Africa aims to promote the process of student transformation by utilizing the unique context of Africa to help students broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.



INTERCULTURAL
COMPETENCE
(IC)



GLOBAL
CITIZENSHIP
(GC)



PERSONAL
GROWTH
(PG)



PROFESSIONAL
DEVELOPMENT
(PD)



INTELLECTUAL
GROWTH
(IG)

LEARNING OUTCOMES

By the end of this program, students should be able to:

1. Develop a deep understanding and appreciation of various cultural perspectives and practices **(IC)**
2. Recognize the importance of improving and promoting cultural heritage for future generations **(IC)**

3. Understand the impact of heritage on identity, and social cohesion **(IC)**
4. Engage in discussions and debates about cultural diversity, heritage preservation and global challenges **(IG)**
5. Recognize the interconnectedness of the world and the impact of local actions on global issues **(GC)**
6. Demonstrate increased personal self-awareness **(PG)**
7. Build confidence in expressing ideas and opinions in a culturally sensitive manner **(PG)**
8. Enhance problem-solving and critical thinking skills in a multicultural context **(PD)**

Note: Specific learning outcomes and activities can be constructed in collaboration with EDU Africa's dedicated curriculum development team.

DAILY PROGRAM

Prior to departure		- EDU Africa facilitates virtual preparation sessions for participants, providing them with important health, safety, and cultural information before travel. - Students are to complete Transformation Questionnaire 1			
2024	Travel	Accommodation	Meals Included	Activities	Learning Outcomes Achieved
22 June	Arrive JNIA - DSM	Hotel Slipway	BLD	Afternoon arrival Check In EDU Africa Orientation Evening Dar-es-Salaam City orientation Welcome dinner	1, 6 1, 6
23 June	DSM - BMY	Stella Maris	BLD	Early morning fish market Breakfast Road transfer to Bagamoyo via Village Museum Bagamoyo stone town Tentative Reflection session	6 1, 2,7 2, 5, 6 1, 6
24 June		Stella Maris	BLD	Kaole Ruins Cultural dance and drumming workshop with Bagamoyo College of Arts Evening Brotherhood Bonfire with a reflection session	2, 5 1, 3, 6 4, 5, 7
25 June	BMY - DSM - ZNZ	Tembo House Hotel	BLD	Bagamoyo Catholic Church and Museum Afternoon road transfer to Zanzibar Check in to Hotel	3, 6
26 June		Tembo House Hotel	BLD	Old Stone town visit DCMA (Dhow Countries Music Academy) Visit Prison Island visit Sunset and Dhow cruise Optional Final Reflection session	1, 4, 7 2, 3 4, 8 2, 3, 8
27 June	ZNZ - DSM - JNIA	Tembo House Hotel	BLD	Early Spice farm with traditional cooking lesson Depart Zanzibar via Ferry Road transfer to Dar-es-Salaam via St. Joseph's Cathedral	2, 6
28 June		Departure	BLD	University of Dar-es-Salaam - Heritage and Anthropology lecture Nafasi Art Space Craft carving with the Makonde community Farewell dinner	3, 5 4, 7, 8 1, 6 2, 4, 7

				Evening departure	
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Abbreviations: JNIA: Julius Nyerere International Airport, DSM: Dar-es-Salaam, BMY: Bagamoyo, ZNZ: Zanzibar, B: Breakfast, L: Lunch, D: Dinner

SUSTAINABLE DEVELOPMENT GOALS

This program engages students with the principles of the following United Nations Sustainable Development Goals:



LOCAL PROGRAM FACILITATOR AND/OR GUIDE

All EDU Africa programs are implemented by trusted program facilitators and/or guides. Our program facilitators and guides undergo an intensive 12-module training series. The training modules include details on EDU Africa's transformation goals, reflective practices, emergency procedures, child protection policies, and communication skills, among other elements. We source and carefully select our facilitators and guides from the region to ensure that they can effectively meet specific program themes and needs. Their embodiment of EDU Africa's values of friendliness, collaboration, innovation, stewardship, and learning helps them to holistically support both leaders and participants throughout their program. This guarantees that the planned itinerary and activities come to life. The assigned program facilitator/s and/or guides will be available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

PROGRAM CONTRIBUTORS

Bagamoyo College of Arts



Bagamoyo College of Arts, situated in Bagamoyo, Tanzania, operates as a semi-autonomous governmental organization with a primary focus on providing training, research, and consultancy services in the fields of arts and culture. Established under the auspices of The United Republic of Tanzania, its core mission is to stimulate the advancement of Tanzanian arts and culture, foster their utilization as a testament to contemporary societal norms, facilitate education regarding film, television, and the broader moving image medium, and analyze their profound societal influence.

POTENTIAL PROGRAM CONTRIBUTORS

Please note that the contributors listed below are subject to availability and organizational need at the time the program is due to start.

University of Dar-es-Salaam



Tanzania boasts a wealth of cultural heritage resources, encompassing paleontological, archaeological, architectural, and ethnographical sites of profound significance. These resources offer invaluable insights into the origins and evolution of humanity, the natural world,

and our surroundings. Additionally, they hold the potential to draw global tourists and foster economic growth. Recognizing their paramount importance, the Government of the United Republic of Tanzania, in collaboration with the University of Dar es Salaam, took the initiative to establish the Department of Archaeology and Heritage Studies. Commencing its journey in 1985 as an Archaeology Unit under the Department of History, it swiftly evolved into an autonomous Department and currently stands as a beacon of academic distinction on the African continent..

ACCOMMODATION

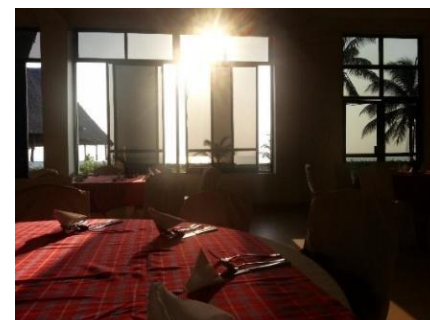
Hotel Slipway

Hotel Slipway is located on the Msasani Peninsula, offering stunning views of Msasani Bay, and just over four miles from Dar-es-Salaam's city center. It offers accommodation in a variety of en-suite options, ranging from economy to sea-view suites. All of the hotel's rooms are furnished with comfortable beds, televisions with access to satellite channels, air-conditioning units, tea-/coffee-making facilities, and electronic safes. Meals can be enjoyed in any one of the hotel's three restaurants. The hotel provides complimentary wireless internet access. For active students and faculty, the hotel has a swimming pool, as well as a fitness center. It is also equipped with a conference facility, as well as breakaway and workshop rooms for lecture/class time, or other group activities. There is a pharmacy on-site should any small medical emergencies arise during a program. An on-site souvenir site also makes shopping for last minute keepsakes relatively easy. Hotel Slipway is a convenient and a remarkably comfortable choice of accommodation while in Dar-es-Salaam.



Stella Maris Hotel

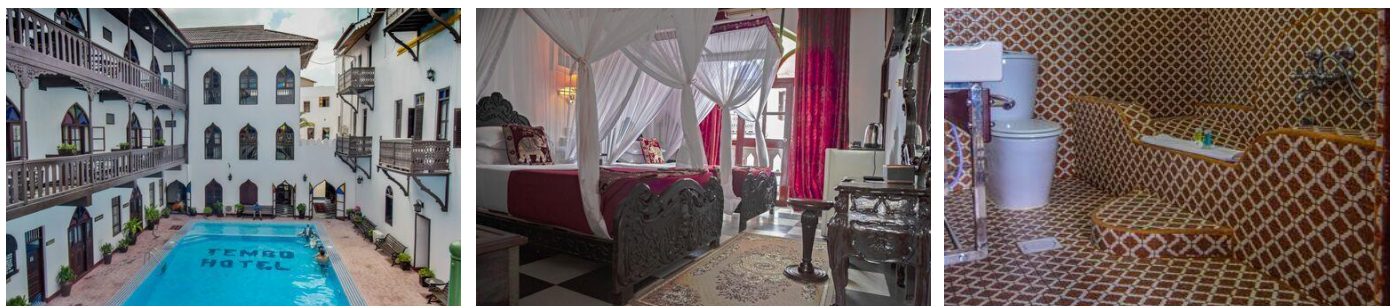
Stella Maris Hotel is located just over a mile from Bagamoyo. It provides comfortable accommodation in a stunning beachfront setting. The en-suite rooms are fully furnished with beds, work desks and chairs, leisure chairs, and air-conditioning units. For the convenience of guests, the Hotel provides complimentary wireless internet access and operates a 24-hour front desk. Amenities such as concierge services, laundry services, and daily housekeeping are also made available. Guests can enjoy their meals in the Hotel's on-site restaurant, make use of room service or opt to have their meals outdoors. The Hotel is fitted with conference facilities, a lounge, a gift shop, and currency exchange facilities. In addition, recreational activities such as Bagamoyo Old Market, Arts Market, and the Kaole Ruins are nearby. Stella Maris Hotel is an ideal base from which to explore the history of the town of Bagamoyo while also enjoying the region's modern-day offerings.



Tembo House Hotel

Situated at the heart of Zanzibar's Stone Town, the historic Tembo House Hotel is a 3-minute walk from the Old Fort and the Beit-al-Ajaib of House of Wonders and only 8km from Zanzibar International Airport. A rich historical

background records the main building as having had various functions over the past centuries, ranging from American Consulate in Zanzibar to trading offices of Cowasjee Dinshaw & Partners and now being the home of Tembo House Hotel. Offering a number of rooms from singles, twins and doubles, each room features a seating area with TV, mosquito nets, air conditioning and an en-suite bathroom. The hotel offers a restaurant with local and international cuisine, a swimming pool, a shared lounge and free Wi-Fi access. Tembo House Hotel is an excellent spot for student groups that seek to explore the historical sites of Stone Town and be surrounded by local shops with remarkable products and restaurants with exquisite local cuisine.



CURRICULAR ACTIVITIES

EDU Africa Orientation

EDU Africa offers a comprehensive orientation session at the start of the program to kickstart participants' acclimation period and prepare them for transformation. It is led by the local Program Facilitator who will support the group for the duration of their stay. The orientation provides a brief introduction to the immediate surroundings, contextualizes the country setting, and provides information pertinent to the group's safety and overall experience throughout the program. It builds on content introduced in virtual preparatory sessions and, in the event that virtual preparation did not occur, ensures that the learning experience(s) to follow is foregrounded within the transformative learning framework. The Program Facilitator will typically provide participants with an outline of the program at this stage and clarify the roles, responsibilities, and expectations with the participants while in-country.

Interactive Intercultural Competence Workshop

Participants will participate in a workshop on intercultural competence and cultural self-awareness. Here, participants will be introduced to different views of culture and their importance. They will also be taken through a comprehensive introduction to ideologies of collectivist societies, which are predominant in Kenya, as well as those of largely individualistic America. By exploring their own culture and worldviews and expanding their knowledge of the other cultures and worldviews, students will be better equipped to understand the values and perspectives of the peers they will be working with during the program. Through these realizations, the concept of intercultural competence will be discussed and a path to increased intercultural competence will be laid.

National Museum and House of Culture visit

The National Museum and House of Culture was established in the 20th century as the first of a consortium of five museums in Tanzania established to preserve the country's natural and human histories. The Museum houses exhibitions that include artifacts from historic archaeological finds, as well as exhibitions on Tanzania's colonial era. The National Museum and House of Cultures provides for an interesting and educational journey into human and natural Tanzanian histories. Participants will have the opportunity to go through the History Room and ethnographic collection points and discover Tanzania's past and its mosaic culture. Participants will also have an opportunity to view a special collection of vintage cars that were used firstly by the British Colonial Government and later on by Tanzania's first president: Mwalimu (Teacher) Julius Nyerere.

Village Museum

Participants will get to explore an outdoor museum showcasing traditional life in Tanzania through recreated homes and interactive displays. These homes are equipped with typical items and surrounded by small crop areas where

local people demonstrate skills like weaving, pottery, and carving. This experience will help participants learn about different types of houses and how people lived. Additionally, students can choose to join a tribal dance performance for an extra fee.

Bagamoyo Stone Town Visit

A walk in Bagamoyo town will immerse participants in a captivating fusion of history and architecture. Structures in this town depict Arab architectural craftsmanship and these structures, characterized by their robust earthen walls, stand as living artifacts. The doors are carved from sturdy African hardwood, Bagamoyo's architectural heritage is a journey through time itself, a glimpse into the cultural tapestry that weaves this town's rich narrative.

Kaole Ruins

Kaole village, once called 'Pumbuji,' holds a remarkable place in history as one of the earliest settlements chosen by immigrants from Arab nations upon their arrival on the East African coast. With ruins that trace back to the 13th Century, this village echoes with tales of the past. During the visit, participants will explore the Kaole Museum, unveiling the village's origins and its significance in the present day.

Bagamoyo Catholic Church and Museum Visit

During a visit at Bagamoyo Catholic Church and Museum participants will visit the Old tower of the first Catholic Church, a special place of faith, one of the oldest Baobab trees, and Cemeteries. The museum depicts more information on the slave trade and the role of missionaries, the life of the people and artefacts that are indigenous to certain tribes in the region.

Stone Town Tour

Stone Town, also known as Mji Mkongwe, is located on the eastern coast of Zanzibar. Its location and the accessibility thereof made it an opportune locale for trade and a plethora of markets. Formerly a Swahili town with Arabic influences, it is now a cosmopolitan cultural and historical attraction. It retains a lot of its original townscape with massive buildings dating back to the 17th and 18th centuries. Stone Town was also one of the last open slave markets in the world, closing only in 1873. Many of the monuments still in the town today were, in fact, built by slaves. Stone Town was declared a World Heritage Site in 2000. Students embark on a guided introduction to Stone Town where they will be shown various sites such as the slave caves and the slave market, thereby being acquainted with the town's tragic history of slavery.

Changuu (Prison) Island Visit

Changuu Island is an island off of the coast of Zanzibar, a boat-ride away from Stone Town. It is also colloquially known as 'Prison Island,' in memoriam of the confinement unit built there to hold people taken into slavery during the 1800s. Students will visit Changuu Island and learn about its intriguing history as a former prison and quarantine station. Students will discover the stories behind its architecture and significant landmarks

CO-/EXTRACURRICULAR ACTIVITIES

Spice Farm Visit

In days past, Zanzibar was known as a spice island, exporting cloves, vanilla, nutmeg and cardamom across the world. The spices were originally brought from Asia and South America and flourished in the tropical climate. Now, the plantations are a tribute to the island's past and although not a main industry anymore, they are an attraction and a wonder for the senses. Participants will take a guided walk through a spice farm and will have the opportunity to touch, smell, and taste the different spices and tropical fruits grown on the property as they learn more about them. They will learn to identify the spices from their crushed leaves, the fruit, shoots, vines, and creepers, and will learn the properties, origins, and uses of each spice. A visit to the spice farm village will also give participants some insight into local life and the opportunity to try some authentic Swahili dishes, taste the fruits in season and try some spiced tea.

Fish Market

At 7:00 AM, participants will visit a bustling fish market where fishermen energetically sell their catch to hotels and families, mirroring the intensity of Wall Street traders. The market is split into two sections: an auction area and another where fish are cleaned, cooked, and sold again. This unique experience provides insight into a coastal way of life, exposing the vibrant culture of shoreline communities. Participants can interact with vendors, ask questions, and even try some freshly cooked fish, making this a memorable and authentic cultural encounter.

Cultural Dance and Drumming Workshop

Drumming and dance, as a deeply expressive form of artistic communication, plays a pivotal role in social gatherings and cultural traditions worldwide. Its significance extends beyond mere entertainment, serving as an immersive gateway to understanding diverse cultures. In this engaging session, facilitated by Bagamoyo College of Arts, participants will embark on a captivating journey to discover the dance and drumming of a local Tanzanian community.

Nafasi Art Space

Nafasi Art space is housed in an old industrial warehouse with around 11 studios. The center provides a platform for training and cross-cultural discourse. Participants can engage with the resident artists in their studios, witnessing their creative processes and gaining insights into various art forms such as painting, sculpture, and multimedia art.

PROGRAM EVALUATION

Transformation Questionnaires

EDU Africa's Transformation Questionnaires are pre-and post-test student self-evaluations designed to help gauge their transformation in line with EDU Africa's transformative learning goals. Students complete Transformation Questionnaire 1 at the start of the program, providing a benchmark score against which we compare their results for Transformation Questionnaire 2 (completed at the program's end). A report is drawn from the student data collected and shared with faculty in the weeks after the program has ended.

Reflection Sessions

Reflection sessions encourage students to think through, process, and make meaning of their experiences in the program. Through a combination of formal and informal reflection techniques, students will be asked questions and invited to engage in structured activities that encourage them to articulate their thoughts and feelings, internalize any lessons or moments of growth, and ultimately, to transform, in line with the program learning outcomes. Each reflection session will focus on the preceding cultural and academic engagements and experiences. In addition to the formal reflection sessions, students will be guided through brief informal reflections each day thereby giving them an opportunity to discuss and reflect on their experiences in the course of their engagements. The final reflection sessions will focus on the learnings from the program as a whole and the personal growth demonstrated as a result of the overall experience.

REASONABLE ACCOMMODATIONS FOR FUNCTIONAL DIFFERENCES

We are committed to providing an inclusive and accessible environment for all our program participants by supporting functional differences, disabilities, and any other special needs. If participants have any specific needs that we might be able to accommodate during the program or have requirements for extra time or resources, please let us know in advance so that we can do our best to assist them. As part of our pre-departure processes, our Program Designers will ensure that participants complete our Participant Information Form which asks for details of any allergies, medical conditions, and other special needs.

STUDENT ELIGIBILITY REQUIREMENTS

Our Program Designers do the best they can to ensure that our programs are accessible to as many participants as possible. However, there may be areas in which an individual may not have access or cannot be accommodated with regard to a functional difference. This section lists some elements for participants to consider before they travel. Participants in this program should be aware of and be prepared for the following:

- Signing and adhering to the policies outlined in EDU Africa's Participant Agreement Form, which include protocols for Notifiable Medical Conditions such as COVID-19.
- Obtaining travel insurance (highly recommended) before travel. This should include adequate cover for baggage, curtailment, and provision for any forms of disruptions to travel due to Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant travel insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Obtaining medical insurance (compulsory) before travel. This should cover any potential medical expenses and the cost of repatriation should participants become too ill to participate, including helicopter rescue and air ambulance services, as well as cover any forms of medical expenses that may be incurred due to illnesses from Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant medical insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Carrying their own luggage as much as possible to minimize cross-contamination with germs (help will be available when necessary in adherence to any Notifiable Medical Conditions protocols)
- Dealing with ambiguity, for example, there may need to be last-minute unforeseen changes to the program itinerary
- Respecting and adhering to the communicated medical ethics relevant to the institutions they will be visiting or volunteering in
- Committing to ethical community engagement in accordance with the presented guidelines
- Adhering to general ethical boundaries if involved in a service-learning program
- Visiting potentially triggering or traumatic areas/sites e.g. National Museum & House of Culture, Village Museum, Bagamoyo Stone Town, Prison Island
- Walking long distances to different museums, fish market and Nafasi Art space over rough terrain
- Living in a setting away from consistent internet for Wi-Fi (only available as provided by accommodations)
- Coping with lack of electricity during scheduled and/or unplanned power outages, and any effects that this may have on the itinerary
- Being in open game vehicles in a reserve where there are wild animals
- Managing dietary needs with limited available options in certain communities
- Learning to adjust to communicating and interacting with others who may have different accents, values, beliefs, cultures, and traditions for the duration of the program
- Interacting with materially poor environments (as evident, for example, through the appearance of general and housing infrastructure, modes of transport, clothing, etc.) and demonstrating respect and acknowledging dignity in all circumstances
- Being aware that they may be approached by people selling their wares or asking for food or money. While your local facilitator/guide will assist in managing these situations, participants should recognize that it is not impolite to say "no, thank you" and walk away.

ITINERARY FLEXIBILITY AND COST

The itinerary is correct at the time of submission. It is flexible and may be adjusted to meet students' needs. In all cases, we will do our best to preserve the quality of what is presented herein. However, we reserve the right to modify the itinerary, locations, accommodation facilities, and costs if any changes dictate. All quoted accommodation is subject to availability and confirmed numbers.

Cost for the program based on per person sharing:

Number of paying persons	FOC	Price per person (USD)	Single Supplement	Additional Guest
32	8	\$2 180	\$324	\$2 180

What this includes:

- Virtual pre-travel preparation support
- All transport, fuel, tolls, and road taxes
- Full use of a vehicle for the duration of your program
- 24-hour services of an EDU Africa Program Facilitator and/or Guide
- All accommodation as listed above
- All meals as specified in the daily program
- All activities as listed above
- A US\$5 donation (on behalf of each participant) towards the reforestation of Brackenhurst Forest and other important ecosystems in Kenya.

[The Center for Ecosystem Restoration - Kenya](#) is a not-for-profit organization working to recover biodiversity in Kenya through the reforestation of the Brackenhurst forest and the restoration of other key Kenyan ecosystems. Through their donations, participants play an integral part in reversing the degradation of the African continent and ensuring that communities will be able to enjoy the benefits of these natural indigenous ecosystems for generations to come.

What this excludes:

- Wi-Fi (only available as provided by accommodations)
- All meals and drinks not specified above
- Laundry
- All flights
- All optional extra activities
- Travel and medical insurance
- Items of a personal nature, visas, and gratuities

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